



Karnei Shomron

CARING FOR PIONEERS IN THEIR GOLDEN YEARS

When Menachem Begin became Prime Minister of Israel in 1977, he openly and unapologetically championed the Jewish People's right to settle their divinely promised homeland. Karnei Shomron was the first Jewish community established in Samaria, with the full support of the Begin administration. Today, the Karnei Shomron municipality, with a population of 11,000, is spread across five hills, including three large established neighborhoods, three pioneering outpost neighborhoods, and, recently, the neighboring community of Maale Shomron joined the municipality.

The Senior Center in Karnei Shomron caters to older community members, including Holocaust survivors and original pioneers. While Karnei Shomron's population is swelling with new and younger families, the residents have not forgotten about their parents and grandparents. The Karnei Shomron seniors center, open during the morning hours, offers a variety of classes geared toward improving all aspects of the seniors' quality of life and health, including physical, mental, emotional, spiritual, and social programming. Group breakfasts, holiday parties, social gatherings, and film evenings are only a few of the amazing opportunities available to the seniors of Karnei Shomron.

Unfortunately, some seniors in Karnei Shomron are too frail to attend these wonderful programs. There are several seniors with dementia who are unable to socialize or participate in the center's regular exercise programs. In the past, Karnei Shomron had a special program for these seniors; offered at the seniors center after the regular daily activities ended, the program focused on memory and mobility exercises, especially suited for those with dementia. Unfortunately, the program was discontinued last year due to a lack of funding, but this year the center would like to relaunch this program. The Karnei Shomron Seniors Center needs your help to cover the costs of salaries for the two instructors. Additionally, Karnei Shomron would like to pay more attention to home-bound seniors, providing them with enrichment so desperately needed for their mental health. An art instructor would make monthly home visits to work on arts-and-craft projects with these seniors and their caretakers. The instructor would then direct each caretaker on how to continue the project throughout the month, providing much-needed cognitive and physical stimulation on an ongoing basis.

Karnei Shomron needs help to provide for its most vulnerable citizens—the original pioneers now in their golden years who are shut in or suffer from dementia. With your help, the residents of Karnei Shomron can give their parents and grandparents the warm care they deserve. Help us bless these pioneering senior citizens who have given so much of themselves to Biblical Israel!

COMMUNITY SNAPSHOT

- ☆ **Founded:** 1977
- ☆ **Location:** Samaria
- ☆ **Origin of Name:** In English, "Horns of Samaria" referring to the two hills that rise above the community
- ☆ **Biblical Significance:** The town borders the Kana River valley, the Biblical border between the territories of Ephraim and Menashe
- ☆ **Population:** 11,000



Karnei Shomron needs your help to provide specialized programs for their seniors suffering from dementia



You can help provide social, cognitive and physical stimulation for home-bound seniors in Karnei Shomron

SAMARIA SENIORS PROGRAMS

PROJECT BUDGET

Program for Seniors with Dementia	\$13,240
Program for Home Bound Seniors	11,920
TOTAL FUNDS REQUIRED	\$25,160

To participate in this project: visit our website at www.cfoic.com/projects
 Or mail a check with the project name in the memo to:
 CFOIC Heartland, 7661 McLaughlin Rd, #255, Falcon, CO 80831 (US & Canada)
 CFOIC Heartland, PO Box 752, Karnei Shomron, Israel (all other countries)